# WEEKLY MENU 07.22.18 TO 07.28.18



### <u>SUNDAY</u>

BUFFALO CHICKEN MEATBALLS, COFFEE RUB BISTRO BURGERS WITH SWISS CHEESE AND CARAMELIZED ONION, PARMESAN POTATO WEDGES, GRILLED SUMMER SQUASH, BROWNIE NO BAKE TRUFFLES

## **MONDAY**

CRISPY ASIAN SALMON WITH PAN-FRIED NOODLES, GARLIC BROCCOLI

**TUESDAY** 

CROCKPOT CHICKEN FAJITA SOUP

#### **WEDNESDAY**

STEAK SALAD WITH ROASTED CHICK PEA "CROUTONS"

#### **THURSDAY**

PORK CHOP, SWEET POTATO AND GREEN APPLE SHEET PAN DINNER

<u>FRIDAY</u>

GRILLED CHICKEN CAESAR WRAPS

# <u>SATURDAY</u>

CROCKPOT PIZZA CASSEROLE

PHOTO BY <u>SEBASTIAN PICHLER</u> ON <u>UNSPLASH</u>

COPYRIGHT 2018 THE WELL SEASONED MOM