

Weekly Menu 09.23.18 to 09.29.18

Sunday

Green Apple Honey Crostini, Beef Goulash, Boiled Herbed Potatoes, Pan Roasted Brussels Sprouts, OMCWC! Cookies

Monday

Zesty Crock Pot Pork Chops, Couscous, Smothered Cauli

Tuesday

Veggie Black Bean Enchiladas, Simple Seedy Slaw

Wednesday

Pops Chicken Sandwiches, Waffle Fries, Sugar Snap Peas

Thursday

Meatball Parm, Caesar Salad, Spaghetti

Friday

Sausage and Split Pea Soup

Saturday

Grilled Steak Bruschetta Salad

